



Questions to Ask Your Doctor	Why is this important?
Make a list of everything you want to discuss with your physician prior to your appointment	<ul style="list-style-type: none">• Having a list of issues will ensure you have not forgotten to mention any issues you are having with your Physician.• The doctor typically has limited time to spend with patients, this will
Bring a list of your medications	(see medication checklist)
During your annual physical ask if you are up to date on all your immunizations : <ul style="list-style-type: none">• Influenza vaccine. Experts recommend an annual flu vaccination for most adults, and any patient with underlying high-risk conditions such as heart disease or diabetes. Annual• Pneumococcal vaccine. ... annual• Zoster vaccine. ... 1x 2 doses• Tetanus-Diphtheria-Pertussis (Tdap) You should get this vaccine if you are less than 64 years old to replaces one of the series of tetanus vaccines. -every 10 years• Childhood vaccines include Chickenpox, Diphtheria, Hepatitis A, Hepatitis B, Hib, HPV, Measles, Meningococcal, Mumps, Polio, Pneumococcal, Rotavirus, Rubella, Tetanus, Whooping Cough	Don't know if you are immunized, a simple blood test can confirm.